

RAPID TEST (URINE) FOR SELF TESTING U031-04H



1. Components Provided



B



C



D



E



A – Pouch B – Test Strip C – Plastic Cup D – Colour Chart E – Instruction Guide

Component Required but not provided



2. Test Procedures



Step 1 Wash your hands thoroughly

Wash or clean your hands and ensure they are dry before starting the test.



Step 3 Collect Sample

Collect urine in the provided plastic cup.



Step 5 Dip the test strip into the urine sample

Dip the test strip into the urine sample, making sure all four test fields are immersed in urine.



Step 7 View your results

Place the test strip vertically next to the colour chart provided and read the results separately for each coloured test area.



Step 2 Read the instructions for use

Read instructions for use carefully before using the test.



Step 4 Open the pouch

Open the pouch, and remove the test strip. Do not touch the coloured test areas.

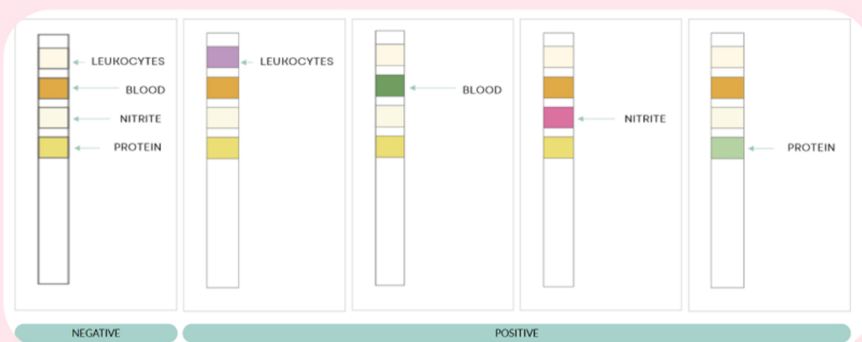


Step 6 Remove the test strip

Remove the test strip and lay it down on a clean horizontal surface and leave for 2 minutes.

3. Interpretation of the Results

Read the results by holding the test strip vertically and compare the test pad to the colour blocks on the colour chart. Match the colour of the test pad to the closest colour block on the colour chart. Results are obtained by direct comparison of the colour blocks printed on the label.



UNDERSTANDING YOUR TEST RESULTS

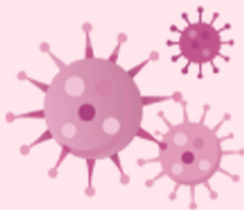


This test detects indicators in urine that may suggest a urinary tract issue. Results should be considered alongside your symptoms.

Test Indicators



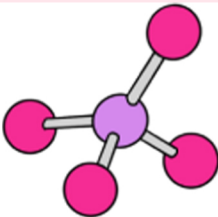
Leukocytes
May indicate inflammation or infection
Common in UTIs



Nitrites
May indicate bacteria
Associated with UTIs



Blood
May indicate irritation or infection
May be affected by menstruation



Protein
May indicate inflammation
May be linked to urinary conditions

Results vs What it may mean

All Negative

No indicators detected

One Positive

Possible early or mild issue

Multiple Positive

More likely urinary tract issue

Symptoms but Negative

Monitor and seek advice

When to seek medical advice?

- 1. Symptoms persist or worsen
- 2. Pain or burning when urinating
- 3. Fever or back pain
- 4. You are pregnant
- 5. Unsure about results