

Vaginal pH Rapid Test For Self-Testing IVPH-504H



1. Components Provided

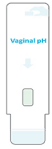
(A)

(B)

(C)

(D)

(E)



A – Pouch

B – Test Panel

C – Swab

D – Colour Chart

E – Instruction Guide

Component Required but not provided



2. Test Procedures

Step 1 Wash your hands thoroughly

Wash or clean your hands and ensure they are dry before starting the test.



Step 2 Read the instructions for use

Read instructions for use carefully before using the test.



Step 3 Open the pouch

Open the pouch containing the test panel, remove the test panel, lay it down on a clean surface (Be sure to use it immediately).



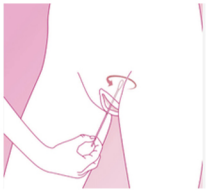
Step 4 Open the pouch

Open the pouch, and remove the test strip. Do not touch the coloured test areas.



Step 5 Collect Sample

Insert swab gently into vagina (~5cm / 2 inches) and leave for 10 seconds.



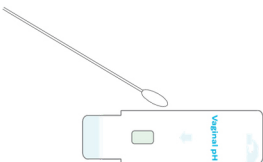
Step 6 Remove the swab

Carefully remove the swab from the vagina.



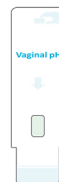
Step 7 Apply to test panel

Apply the swab to test panel (wipe 5 times).



Step 8 View your results

View your results immediately by comparing the colour on your test panel to the colour on your colour chart.



Warnings



- This test indicates vaginal pH levels only. It does not diagnose infections or sexually transmitted diseases.
- Single use only.
- Store 2–30°C.
- Do not use if damaged.

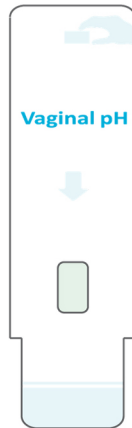
UNDERSTANDING YOUR TEST RESULTS



Important Note: This test is not for sexually transmitted infections (STIs). Always consult a healthcare professional if unsure.

Interpretation of the Results

Read the results by holding the test strip vertically and compare the test pad to the colour blocks on the colour chart. Match the colour of the test pad to the closest colour block on the colour chart. Results are obtained by direct comparison of the colour blocks printed on the label.



Results vs What it may mean

NORMAL pH (3.8–4.4) ●

- Healthy vaginal environment
- Natural protection against bacteria
- Usually no infection present

ABNORMAL pH (>4.4 or <3.8) ●

- May indicate imbalance
- May be associated with bacterial vaginosis
- May require further investigation

When to seek medical advice?

1. Unusual discharge
2. Odour
3. Irritation or discomfort
4. Persistent symptoms
5. Pregnancy